

INFANT MASSAGE

Whether it's to soothe a little one to sleep, ease a gassy belly, or calm a fussy baby, a gentle massage can work wonders!

*The power of tender touch
cannot be underestimated.*

Touch is one of the most developed senses at birth and the skin is the biggest organ a child or adult has. Infant massage helps babies grow and thrive. The act of giving a massage helps you find your own sense of calm.

**Join New Parent Support Program in a 5-week class.
Every Monday starting June 2nd, and continuing 9th, 16th,
23rd, and 30th. Time 9-10AM.**

Registration Open Date: April 22 at 8 am

Closing Date: May 26 at 9 am

**Henderson Hall, Bldg. 12
Conference Room**

**To register call
703-693-1160**

**Ask about our 5-week
home visit session.**

